

THE
BELL INN
 CHITTLEHAMPTON

Gluten Free Menu

When placing order please state it is from the Gluten Free Menu

Lite Bites/ Small Plates

Nocellara Olives (V,VE) 4.00	Whole Garlic Baguette (V,D,S) 3.50
Marrakesh Spiced Peanuts (V,VE,P,TN) 3.50	Straight up garlic bread 4.50
Vegetable Crisps (V,VE) 2.50	Cheddar 5.50
Halloumi Fries (V,D) 7.00	Cheddar and jalapenos 5.50
Sweet chilli sauce	Cheddar and bacon 5.50
Bowl of Tater Tots (E,M) 7.00	Baguettes (LUNCHTIMES ONLY)
Crispy onions and chorizo mayo	Mad Monks "Philly Cheesesteak" (S,D) 9.00
Crispy Cauliflower Wings (V,VE) 7.00	Slow cooked beef brisket, fried onions, jalapenos & melted mature cheddar
Thai spiced coconut yoghurt	Bells 12hr BBQ Pulled Pork or Jackfruit (S,D,C,SD,M) 8.00
Bells Nacho Bowl sml 4.00 lge 7.00 (V,VE,D)	Swiss cheese, tomato, pickles & lettuce
Housemade nachos, cheddar, sour cream, tomato salsa, guacamole, jalapenos	Caribbean Cauli (V,VE,E,M,S) 7.00
Go LARGE and add a side of housemade beef or veggie chilli for £7 (only available on large nachos)	Crispy cauliflower, jerk mayo, lime and ginger slaw

Little People/ Small Appetites

Breaded Mozzarella Bites (V,D) 6.50	Homecooked Ham & Egg (E) 6.50
Cauli Nuggets (V,VE) 6.50	

All served with chips and a choice of beans, sweetcorn, peas or cucumber and tomato

A Bit on the Side

Triple Cooked Skin On Chips Portion £3 Bowl £6	Corn on the Cob £2
**Bells Loaded Chips (D) £9 Melted cheddar, sour cream bacon bits, spring onion, jalapenos	Portion Sautéed Mushrooms £2
CHEDDAR CHEESE UPGRADE ON ANYTHING! £1 (Vegan cheese option available)	Side Salad (V,VE,SD) £1.5 +maple balsamic dressing
**Sweet Potato Fries Upgrade £1.5 Portion £3.5 Bowl £6	Pot of Jalapenos £1
**Halloumi Fries (D) £7	Pot of Homemade Pickles (V,VE,SD) £1
Ranch Coleslaw (V,E,SD,M,D) £1.50	Mad Monks BBQ Sauce (V,M,C,SD) £1
	Hot Sauce (D) .75
	Sweet Chilli Sauce (V,VE) .75
	Baked Beans (V) £1.50

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Johnny May's Steaks

14oz North Devon Sirloin Steak	25.00
10oz North Devon Ribeye Steak	22.00
Served with sauteed mushrooms, peas, fried onions and triple cooked skin on chips.	
Stilton Cream Sauce (D)	3.00
Triple Peppercorn Sauce (D,F)	3.00
12oz Gammon Steak (E)	16.00
Served with Egg, Pineapple, Peas and Triple Cooked Skin On Chips	

Big Plates Plates / Main Meals

Bell Inn's Curry House <i>Meat, Vegetarian or Vegan</i>	14.00
Check our blackboard for todays curry. All served with Rice, Onion Bhajis (G), Poppadoms and Mango Chutney	

Our Famous Homemade Chilli Bowl (D,M,CE)	14.00
Served with Rice, topped with Cheddar Cheese, Sour Cream, Salsa, Tortilla Chips and Jalapenos	

Homemade Veggie Chilli Bowl (V,VE,M,D,CE,S)	14.00
Made with Vegan Mince served with Rice, topped with Cheddar Cheese, Sour Cream, Salsa, Tortilla Chips and Jalapenos.	

....IT'S BACK!...RETURN OF THE

Bell's Jerk Chicken (E,M,SD,S)	16.00
Jamaican style Jerk Marinated Chicken Supreme, Roasted Corn on the Cob, Reggae Reggae Mayo, Spring Onions, Sweet Potato Fries and Side Salad.	

Rainbow Bowl (V,VE,SD)	9.50
Mixed Salad of Avocado, Cherry Tomatoes, Sweetcorn, Cucumber and Pink Pickled Onions with a Maple Balsamic Dressing served with Warm Baguette (G,S) or Triple Cooked Skin On Chips	

OR	
Burrito Bowl (V,VE,D)	10.00
Mexican Bean Rice, Guacomole, Sweetcorn, Salsa, Sour Cream, Jalapenos, Lime Onions & Cheddar	

Add any or more of the following to either bowls:

- Mad Monks BBQ Pulled Pork Shoulder (SD,M,G) 5.00
- Mad Monks BBQ Pulled Jackfruit (VE,V,SD,M,C) 5.00
- 14oz Sirloin Steak 15.00
- Crispy Cauliflower (VE,V) 5.00
- Slow Cooked Pulled Beef Brisket 6.00
- Fried Halloumi (V,D) 5.00
- Jerk Marinated Chicken Supreme (S) 8.00

Build A Burger

Gluten Free Seeded Bun (E)	16.00
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Add one of the following burgers:

- Homemade 8oz North Devon Beef Burger
- 6oz Pork & Chorizo Burger

Add any of the **three** following toppings:

- Bacon, Cheddar, Swiss Cheese, Stilton, Salsa (V,VG), Sour Cream, Jalapeños, Fried Onions (V,VG), Thai Green Spiced Yoghurt (CR), Chorizo Mayo (E,M), Avocado, Hot Sauce (D), BBQ Sauce (M,SD,C), Homemade Pickles (V,VG,SD), Pink Pickled Onions (V,VG), Jerk Mayo (S,E,M), Sun Blushed Tomatoes, Soy Mayo (S,E,M,V), Roasted Pepper, Pineapple, Candied Red Chillis, Vegan Cheese, Vegan Sour Cream, Sweet Chilli Sauce.

Add Extra Toppings at 75p

- Add Mad Monks BBQ Pulled Pork Shoulder £4 (C,SD), Mad Monks BBQ Jackfruit £4 (V,VE,C,SD), Ranch Coleslaw (D,M,SD,E)

.....all served with triple cooked skin on chips or house dressed salad

Something Naughty

Elderflower & Blackcurrant Posset (D,V)	6.50
Served with your choice of ice cream	

Bells Ice Cream Sundae for 2 or 1! (V,P,TND)	13.00
Salted Caramel, Honeycomb, Peanut Butter Ice Creams, Chocolate Chips, Caramel & Chocolate Sauces, Marshmallows, Crunchie bits and Cream.	

Warm Homemade Gluten Free Vegan Brownie (TN,)	7.00
Served with Vegan Vanilla Ice Cream	

Food Allergen Key - Please Read

(V) Vegetarian (VE) Vegan on Request (E) Eggs (CE) Celery (CR) Crustaceans (MO) Molluscs (S) Soya (D) Dairy (F) Fish (M) Mustard (G) Cereals (P) Peanuts (SE) Sesame (TN) Tree Nut.

Where possible, these ingredients can be left off finished dishes.

All our food is homemade where possible and always cooked to order.

Please bear this in mind during busy periods.

Please ask your Server about our Daily Specials Board.

Specific Dietary Information on request.